

XR MILTON KEYNES - NEWSLETTER - DECEMBER 2022

email: xrmk@rebellionmk.earth



**extinction
rebellion**

website: rebellionmk.earth

WISHING YOU AND YOURS A HAPPY HOLIDAY AND NEW YEAR FROM ALL AT XRMK !

PLANET "A" PODCAST

"A podcast on climate change hosted by the Danish Minister of Climate, Energy and Utilities Dan Jørgensen. Inviting some of the world's leading experts, policy makers and activists to share their thoughts with us. Not only to address the challenges and dilemmas inherent in climate change. But also to talk about its possible solutions." <https://podcasts.apple.com/gb/podcast/planet-a-talks-on-climate-change/id1521997920>

BREAKING NEWS! FRANCE STARTS BAN ON SHORT HAUL FLIGHTS

For information on this amazing ban: <https://electrek.co/2022/12/05/france-to-ban-short-haul-flights/>

LINKS FROM TRANSITION TOWN MK

<https://www.facebook.com/groups/TransitionMK/permalink/5207280692705625/>

<https://www.facebook.com/groups/TransitionMK/permalink/5212626108837750/>

<https://mailchi.mp/e702e76ec310/eco-design-consultants-news-9513169?e=7797e3c1eb>

NEXT UK REBELLION

For information - extinctionrebellion.uk/next-uk-rebellion/

To volunteer - volunteer.extinctionrebellion.uk

If you are thinking of going to a protest and would like to travel with the MK group then please email us.

JUST STOP OIL

JSO has attracted significant attention of late with its blockades of fuel depots and motorways. To register for one of the Zoom talks (Tuesdays at 7pm and Sundays at 5pm) and for the current JSO event calendar juststopoil.org/events/ JSO on Eventbrite eventbrite.co.uk/o/just-stop-oil-40080441803

COMMUNITY ACTION MK CLIMATE CHANGE INFO

For a whole host of local information and resources <https://communityactionmk.org/climate-change/>

LISTENING CIRCLES AND ACTIVE LISTENING SESSIONS

If you are interested in finding out a bit more and organising or joining a circle or session, please contact Christina (for listening circles) at sparklingmind@hotmail.com or Patricia (for active listening sessions) at patricia@goleencottage.com. "With the gift of listening, comes the gift of healing."

NEXT XRMK MONTHLY MEETING - JANUARY 2023

Next regular monthly meeting - Monday January 16th 7-8:30pm - please email us for details.

OUTRAGE + OPTIMISM - PODCAST

Searching for something new to listen to? Look no further - outrageandoptimism.org

Featuring interviews with leading figures in the global climate change movement, from politicians to activists, this entertaining, enlightening and always inspiring podcast lives up to both parts of its name.

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A "PORTRAIT" OF MK - THE MK DOUGHNUT ECONOMIC GROUP

The MK Doughnut Economic group is constructing a 'portrait' of MK, through data, which describes how thriving and safe its people and nature are.

It is a new way of looking at the economy, finding a ring of equilibrium where we are no longer degrading the planet but we still support everyone to achieve a sustainable standard of life, and it is finding favour with a range of governing bodies from Amsterdam to Exeter! (Here is a link to more information on Doughnut Economics: <https://doughnuteconomics.org/about-doughnut-economics>.)

The group has begun the discussion with MK Council through the Cabinet Member for Sustainability and to gather the data to flesh out the Portrait. We are also about to reach out to community-focussed organisations to ask them to help not only to collect the data, but also to aid with having the conversations at grassroots level because DE is a tool for facilitating people to change their understanding of climate change but also what they can do about it.

On Wednesdays mornings we have been using a workspace in CMK and hope to continue that arrangement in 2023. We also hold regular evening meetings.

If you want to know more or get involved please contact Wendy Sale, initially -via Transition Town MK: <https://www.transitiontownmk.org/contact-us/>